



Our Wellness Offer



Face Cosmetics

Duration Price

Janssen Cosmetics Purifying Facial

appr. 60 min. CHF 120.00

This detoxifying treatment helps to detoxify and deeply deep cleansing of the facial skin from impurities. Deep cleansing, facial peeling and a special mask combined with a relaxing facial massage with Janssen Cosmetics products. The relaxing facial massage with Janssen Cosmetics products leave your skin glowing.

(recommended for young skin)

Janssen Cosmetics Hydrating Facial

appr. 60 min. CHF 160.00

Renowned Janssen Cosmetics products, which are suitable for deep hydration, give the facial skin new radiance and suppleness. This treatment is designed to take you on a sensual journey, to hydrate, soothe and nourish your facial skin.

Janssen Cosmetics serums and products with different aromas awaken the senses and bring tranquillity while combined with a nourishing massage for the face, décolleté, shoulders, neck and scalp. (recommended for dry skin)

Janssen Cosmetics Rejuvenating Facial Treatment

appr. 75 min. CHF 190.00

Specific treatment for mature skin that restores radiance and smoothes wrinkles, reduces dark circles under the eyes and prevents the formation of skin spots.

The tone and texture of the skin are restored and you get fast and visible results in the form of radiant and silky skin, thanks to the use of special Janssen cosmetics masks and serums, even after the first treatment. (**recommended for mature skin**)

Janssen Cosmetics Floral Energy Treatment

appr.60 min. CHF 140.00

Janssen Cosmetics new facial treatment ensures a gentle spring awakening. Edelweiss supports the skin's barrier function and increases its resistance to external stressors. Edelweiss increases the vitality and energy of the skin cells and also protects against UV rays. Antioxidant and revitalising treatment with Damask Rose Water. White Lupine promotes epidermal protein synthesis. Wrapped in luxurious textures, these mobile flower extracts can release their full effect. The skin is able to recover and appears smoother and brighter, and wrinkles are reduced.

Janssen Cosmetics Minifacial "for him and her"

appr. 40 min. CHF 95.00

Intensive express treatment, adaptable to the facial skin. Give your day a gentle moment of relaxation with this exfoliating and nourishing treatment for your facial skin.

Suitable for men and women.

Appointments available between 10 a.m. and 6 p.m. Appointments can be made through the reception





Massages

Duration Price

Classic massage appr. 50 min. CHF 105.00

Full body massage that releases muscle tension, gives the skin elasticity and relaxes body and mind.

Partial massage appr. 25 min. CHF 65.00

Individual massage with a choice of back, shoulders, neck, head, arms, feet or legs.

Improves circulation and relaxes muscles.

Intensive and deep massage

appr. 50 min. CHF 115.00

These massage techniques are ideal after physical activity and release muscle tension and contractures with deep pressure.

Hot stone massage appr. 75 min. CHF 150.00

Thanks to the warmth of volcanic stones placed on the seven chakra points, this ancient massage technique provides a deep sense of relaxation and well-being, relieves insomnia, eases muscle pain and balances the flow of energy by restoring harmony between body and mind, relieves stress and anxiety. (**Not suitable** for people suffering from weak capillaries and heart problems, sensitive skin, wounds, lymphatic problems).

Traditional Thai massage

appr. 50 min. CHF 150.00

A mixture of finger pressure, stretching and passive gymnastics are the main manoeuvres of this ancient Thai massage. It is a very deep massage that aims to make the body more supple in its movements and to rebalance the energy. It is recommended to wear comfortable clothing for this massage. (**Not suitable** for pregnant women, inflammatory conditions or severe joint and bone problems).

Hawaiian Lomi Lomi Massage

appr. 70 min. CHF 150.00

This form of massage, handed down to us by the ancient master healers of Hawaii, uses long, flowing and continuous movements that resemble the movement of ocean waves over your body. The therapist's hands and forearms use gentle, flowing and sometimes deeper movements to create a sense of relaxation and restore balance to your life energy.





Intensive back and neck massage

appr. 30 min. CHF 80.00

Thanks to the use of oil and warm compresses, tensions, which are normally concentrated on the shoulders, back and neck, are relieved.

Head and scalp massage

appr. 30 min. CHF 70.00

A pleasant and effective treatment that improves concentration through gentle and specific concentration, deeply relaxes the mind and makes dry hair shine. dry hair to shine.

Massage for expectant mothers

appr. 40 min. CHF 70.00

A gentle, light pampering that brings peace and tranquillity to mother and child in the womb. This gentle massage improves circulation, moisturises the skin, makes the legs light in case of swelling and relieves tension in the back.

(**Not suitable** in the first 3 months of pregnancy and in problem pregnancies).





Beauty treatments

Whole leg

Manicure with nail polish Manicure without nail polish	CHF 75.00 CHF 65.00	appr. 60 min. appr. 50 min.
Pedicure with nail polish Pedicure without nail polish	CHF 90.00 CHF 80.00	appr. 60 min. appr. 50 min.
Body peeling and massage Body peeling and mask	CHF 100.00 CHF 110.00	appr. 50 min. appr. 60 min.
Make-up	CHF 25.00	appr. 10 min.
For our little guests		
Massage Manicure and pedicure	CHF 45.00 CHF 45.00	appr. 15 min. appr. 15 min.
Waxing		
Upper lip Arms Bikini (side only) Back Décolleté	CHF 35.00 CHF 45.00 CHF 80.00 CHF 80.00	appr. 10 min. appr. 30 min. appr. 30 min. appr. 30 min. appr. 30 min.
Half leg	CHF 60.00	appr. 30 min.

CHF 100.00

appr. 45 min.